

Product-Category Rules (PCR)
for Preparing an Environmental Product
Declaration (EPD) for
Treadmills
PCR 2011:1.0

JOHNSON HEALTH TECH. CO., LTD.

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1. General Information

This document is to be used as the product category rules (PCR) for the global production and manufacturing of treadmill products. The requirements specified in this PCR are intended to be used for EPDs certified in accordance with ISO 14025 standard. This document shall be valid until December 31, 2013.

This PCR was prepared by the Johnson Health Tech. Co., Ltd. Representatives from major Taiwanese manufacturers of similar products and stakeholders were invited to the open consultation meeting on November 24, 2011, to participate in the discussion and review of this PCR. Environment and Development Foundation (EDF) then reviewed and approved this PCR.

This PCR is applicable to products with the Harmonized System (HS) Code of 95069100.

For further information and comments concerning this PCR, please contact: JOHNSON Health Tech. co., Ltd. R &D Dept. Chih-Feng Wei (tel : 886-4-25667100 , fax : 886-4-25604050 ; email: fungwei@johnsonfitness.com)

2. Company and product description

The EPD shall include information about the manufacturing company/organization. The information may include manufacturing process related information, and environmental related information, such as the environmental management system information. The information may also include special issues which the company/organization would like to emphasize, such as the products meeting certain environmental criteria, or environmental safety and health related information.

This PCR is applicable to both business-to-customer/consumer (B2C) and business-to-business (B2B) communications. When certification of product environmental impacts is conducted, the product accessories and packaging shall also be included in the certification scope.

2.1 Product group function

Treadmills are a type of exercise/fitness equipment with an electric motor driven belt for users to walk or run on. Treadmills typically offer the following features:

- Deck/frame with sufficient structural strength;
- Walking/running area (belt) ;
- Control to start, control and stop the product; and
- Safety devices, such as side or front handlebar, non-slip step/pedal, emergency switch and other safety features.

2.2 Product components

A treadmill consists of the main components:

- Main frame: e.g., elevated/inclined deck/stand, rear stand/foot, etc.;
- Console mast/handlebar;
- Instrument/display assembly: e.g., main board, HR receiver, overlay, etc.;
- Transmission assembly: e.g., drive motor, belt, deck, etc.;
- Electrical assembly: e.g., switch, breaker, socket, electric wire, etc.;
- Product housing: e.g., plastic part of motor, console, end-cap, footplate, etc.;
- Packaging material.

Other components: For example, external TV and associated accessories, virtual reality module, etc.

The data quality requirements for the main components are described in Section 9 on calculation rules and data quality requirements. The EPD shall also include the other components of the product, but their data quality requirements are different from those of the main components.

2.3 Product technical description

The product technical description part of the EPD shall include the following information:

- Speed range ;
- Max. user weight ;
- Incline angle ;
- Running area ;
- Outline dimension ;
- Power system ;
- Type of signal input: e.g., ATSC, NTSC, DVB-T;
- Power consumption; and

- Others: e.g., motor specification.

3. List of materials and chemical substances

The contents of the following materials and substances in the product shall be declared:

- All materials of the product (excluding packaging material) with weight ratio (material weight/product weight (excluding packaging)) $\geq 1\%$;
- All materials of the packaging with weight ratio (material weight/packaging weight) $\geq 1\%$;
- All substances /materials in the product regulated by legal, customer and environmental requirements;
- The following materials in the main components: flame retardants, lead content in solder, lead and flame retardant content in solder masking agent, and substances regulated by EU's RoHS Directive (the latest version).

The declaration of halogen-free flame retardants, lead-free solders and no RoHS-regulated substances may only be made when appropriate evidences are available (for example, test reports from accredited laboratories/testing facilities). The following organizations may provide accreditation for testing facilities: Taiwan Accreditation Foundation (TAF), (Asia Pacific Laboratory Accreditation Cooperation (APLAC), International Laboratory Accreditation Cooperation (ILAC) or ILAC Mutual Recognition Arrangement (ILAC MRA). For definitions of testing methodology and confirmations of regulated hazardous substances based on the accredited laboratories' product testing methods, please refer to IEC 62321 Standard.

4. Declared unit

The declared unit is one "unit" of treadmill, as the treadmill products are marketed and sold in such a unit.

5. System boundaries

The main system boundaries for the declared product system are presented as follows:

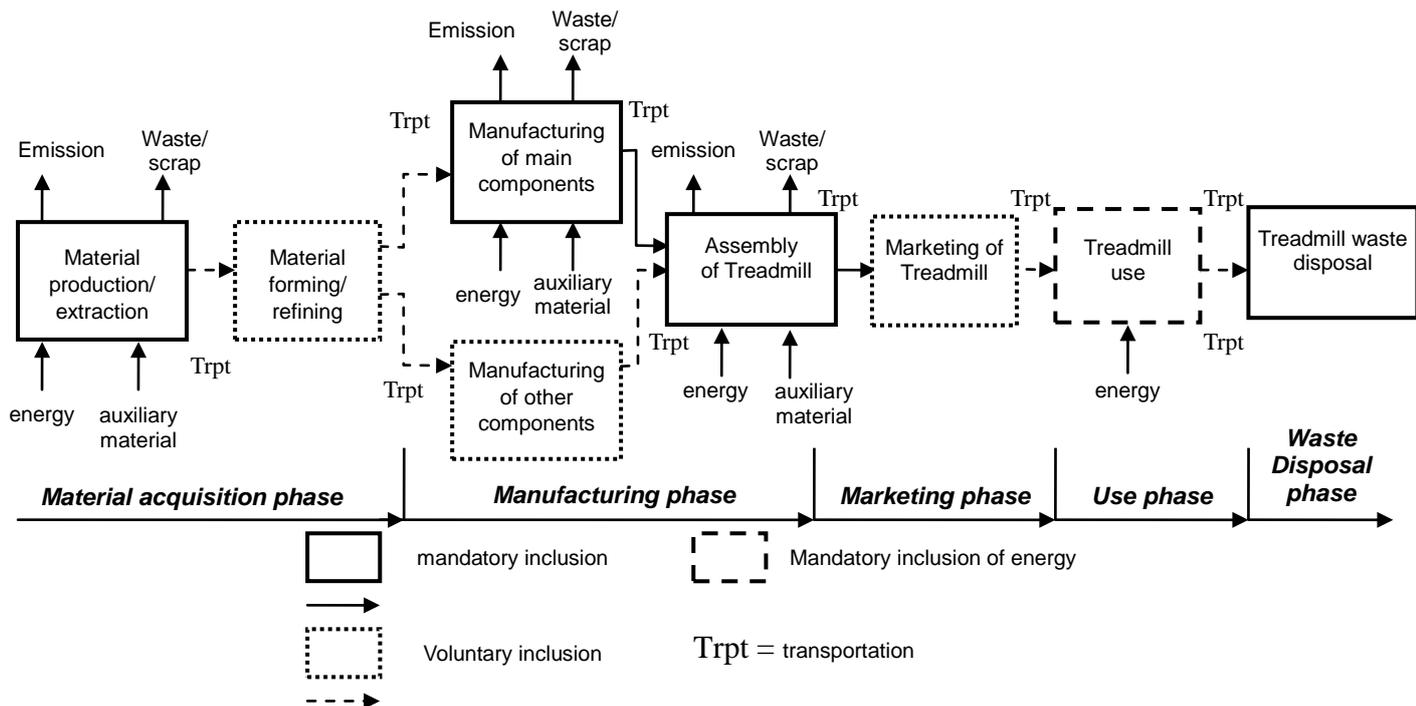


Figure 1 System boundary of the main product system

As noted in Figure 1 above, the life cycle of a treadmill product includes five life cycle stages: raw material acquisition, product manufacturing, use and waste disposal stages. The data quality requirements for the inventory process of main and other components are described in Section 9 on calculation rules and data quality requirements.

Raw Materials Acquisition and Manufacturing Stage

The LCA shall include information for the following unit processes:

- Material extraction and manufacturing of main components and other components;
- Production/generation of energy used for raw material manufacturing.

The inclusion in the LCA the information on the forming and refining of raw materials and transportation of raw materials is optional (voluntary).

Manufacturing Stage

The LCA shall include information for the following unit processes:

- Manufacturing of main materials and generation of associated process waste;
- Assembly of product and transportation of process waste to waste processing plant;

- Transportation of main components to product manufacturing site.

The inclusion in the LCA the information on the input/output of packaging material during main components manufacturing process and the manufacturing of minor/secondary components/parts is of optional (voluntary).

Distribution and Marketing Stage

The LCA shall include information for the following unit processes:

- Transportation of products to the distribution sites or customer designated locations;
- The inventory and reporting of energy/resource input and waste generation during the marketing process is optional (voluntary);
- The inventory and reporting of transportation from sales/distribution sites to users is optional (voluntary).

Use Stage

1. Assume the customer connects the product to the main power source after product purchase without ever unplugging the product;
2. The following equation is used to calculate the product power consumption during the use stage:

$$E_{TEC} \text{ (kWh)} = (P_{On} \times T_{On} + P_{Standby} \times T_{Standby}) \times (\text{product use lifespan, yr})$$

Notes:

- $P_{Standby}$: Power consumption when the product is under no load and during standby state.
- P_{On} : Power consumption when the product is in use.
- If the product is for commercial use, assume daily usage of 12 hours in use and 4 hours in standby for 7 seven days a week. In this case, the product is in use 4,368 hours and in standby 1,456 hours in a year.
- If the product is for home use, assume weekly usage of 10 hours in use and 150 hours in standby state. In this case, the product is in use 520 hours and in standby 7,800 hours in a year.
- On average, a commercial use product model has an average service lifespan of 5 years, while a home use product model has an average service lifespan of 3 years.
- All P_x are power values in Watts.
- All T_x values are time values in hours per year.

Recycling/end of life Stage

The LCA shall include information for the following unit processes:

- Transportation of end-of-life product to waste/resource treatment or recycling facility.
- Reporting of recycling information (such as recycling and dis-assembly report or information on recycling channels) is mandatory in the EPD. Also, the environmental impact shall be calculated based on the declared recycling rate.

5.1 Specification of different boundary settings

Boundary in time

The validity period for the LCA results presented in the LCA report shall be defined.

Boundary towards nature

If the manufacturing processes are located within Taiwan, the solid waste categories as defined in Taiwan's Waste Disposal Act shall be adopted. If the processes are located in other countries, equivalent legal requirements shall be considered.

The natural boundary of the system shall describe the boundary where the materials and energy resources flow from nature into the system, and where the water and air emissions and waste are released out of the system.

Only the waste which is required to be disposed of needs to be considered; land filling process does not need to be included. If the waste is generated through wastewater treatment or incineration process, such waste should be included into the wastewater treatment or incineration process.

Boundaries in the life cycle

The boundaries in the product life cycle are described in Figure 1. The construction of the site and infrastructure, as well as the production of manufacturing equipment and activities of the workers, does not need to be included.

Boundaries towards other technical systems

Boundaries towards other technical systems describe the inputs of material and other components towards other systems, as well as outputs of materials towards other systems. For the inputs of recycled materials and energy towards the product

manufacturing stage, the transportation between the recycling process and use of recycled materials shall be included in the data set. For the production of recyclable products during the manufacturing stage, the transportation towards the recycling process shall be included.

(Note: Further explanations are provided in Section 7 on open-loop recycling)

Boundaries regarding geographical coverage

The manufacturing stage may cover manufacturing processes located on any sites around the world. For processes located in a specific region, the data used should be representative of the region. The data for the main components shall be the specific regional data for the region where the process takes place (see Section 9). For ease of comparison, no matter where the emissions are generated, the same parameters should be used for life cycle impact assessment (see Section 10).

6. Cut-off rules

For any impact category, if the sum of various impacts from a specific process/activity is less than 1% of the impact equivalent in that category, such a process/activity may be neglected during the inventory analysis. Nonetheless, the accumulated impact of neglected process/activity may not exceed 5%. Components and materials omitted from the LCA shall be documented.

(Note: This judgment for this “1% Rule” is based on the environment relevance assessment of material input to the system, and does not consider special and exceptional environmental impacts.)

7. Allocation rules

The main allocation rules shall be valid for the entire product system. For other secondary processes, other allocation rules may be defined; however, the use of these rules should be justified. Product-specific information should be preferentially collected in order to avoid the need for allocation. While selecting allocation rules, the following principles are recommended.

- Multi-output: The allocations are based on the changes in the resource consumption and pollutant emissions (for example, adopted quantity allocation for

some main component, or surface allocation for some components), following the changes in the studied system's output product or function or economical relationship.

- Multi-input: The allocation is based on actual relationship. For example, the manufacturing process's emissions may be affected by the change in waste flow input.
- Open loop recycling: For the input of recycled materials or energy during the manufacturing stage of the product system, the transportation between the recycling process and the recycling to material use shall be included in the dataset. For the product which shall be recycled during the manufacturing stage, the transportation towards the recycling process shall be included.

Notes:

- *Allocation may be avoided through avoidance of dividing processes, for example as described in Section 6.3 of ISO/TR 14049; or through expansion of system boundary (for example as described in Section 6.4), so that the amended system shares the same product exchanges as the original system.*

8. Units

The base units and derived units of the International System of Units (SI, *Système International d'unités*) shall be used preferentially.

Power & energy units:

- power unit: W
- energy unit: J

Specification units:

- length unit: m
- capacity unit: m³
- area unit: m²
- weight unit: kg

If necessary, prefixes may be used before the SI units.

10⁹ = giga, symbol "G"

10⁶ = mega, symbol "M"

10³ = kilo, symbol "k"

10^{-2} = centi, symbol “c”

10^{-3} = milli, symbol “m”

10^{-6} = micro, symbol “ μ ”

10^{-9} = nano, symbol “n”

9. Calculation rules and data quality requirements

Date quality requirements for the raw material acquisition and manufacturing stage

- Generic data may be used for the acquisition, production, forming and refining of raw materials used for the components of treadmill products. Please refer to Appendix I for the common sources of generic data.

Date quality requirements for the manufacturing stage

- Site specific data (for example, specific factory data or transportation data for a specific manufacturing process) shall be used for the manufacturing of components and assembly of treadmill products. If other types of information are used, description of the information and rationale for using the information shall be provided. For site specific data of main component manufacturing plants, specific data from a plant representative of such a site may be used.
- Generic data may be used for the manufacturing of other components for the treadmill products, and based the calculation on actual consumption. Please refer to Appendix I for the common sources of generic data.
- When generic data are used, the equivalence between the chemical and/or physical process of referred systems shall be considered. The system referred in the generic data should have equivalent technology and system boundaries with the declared product system. Moreover, it is also recommended to consider the date or geographic aspects of the data quality when feasible.
- Generic data may also be used when suppliers refuse to provide specific data, or when even if generic data are used in place of specific data, there is only minor impact to the results. The general rule is that if generic data are used in place of specific data, their combined contribution for all life cycle stages shall not be greater than 20% of total impacts for each impact category. But there may be certain exception to specific products, and such exceptions shall be explained.
- The data shall be representative for the average of a specific year. If the average data for a specific year cannot be obtained, the average data for a specific time

period may be used, the data shall be representative, and the reason for using such data shall be provided.

- The electricity mix for the manufacturing stage should be site specific data. If site specific data cannot be obtained, the official electricity mix for the country where the site is located may be used as approximate value. The electricity mix should be documented.
- For the definition of hazardous waste, the definition as defined in Taiwan's Waste Disposal Act shall be used for sites located in Taiwan. For sites located outside Taiwan, legal requirements for the host country shall be observed.
- For the transportation of main components to the assembly plant, the actual transportation modes used and distance traveled shall be considered.

Date quality requirements for the distribution and marketing stage

- For the transportation of product to the distribution sites or retailer sites, the actual mode of transportation and distance traveled shall be considered.

Date quality requirements for the use stage

- The energy consumption of the treadmill shall be determined based on testing methodology stipulated in applicable international, national or industrial standards.
- For the electricity mix of the use stage, the generic data for the official electricity mix for the country/region where the product is being use may be used as approximate value. Please refer to Appendix I for the common sources of generic data used internationally.

Date quality requirements for the recycling/waste disposal stage

- For transportation of end-of-life treadmills as post-consumer waste for delivery to processors or recyclers, the data from national, industry or consumer surveys can be used. When such data cannot be obtained, evaluation based on assumed scenario can be made, and the assumptions for such a scenario shall be reported in the EPD.
- Generic data may be used during the recycling/end-of-life stage, if for specific reason the site specific data for the recycling/waste disposal system can not be obtained. Then generic data and recycling rate may be used to calculate environmental impact. Please refer to Appendix I for the common sources of

generic data used internationally.

10. Parameters to be declared in the EPD

The following parameters shall be declared in the EPD:

1. Energy use

- The energy consumption during each stage shall be declared, especially the electricity consumption during the use stage when the product is being used by the end user.
- The following units shall be used preferentially:
kW or W for power; J or MJ for energy.

2. Resource use

The resource input during each stage shall be declared.

3. Impact equivalents expressed as potential environmental impacts

-Global warming	kg CO ₂ equivalent
-Acidification	kg SO ₂ equivalent
-Photochemical oxidant formation	kg C ₂ H ₄ equivalent
-Eutrophication	kg PO ₄ ³⁻ equivalent
-Ozone depletion	kg CFC-11 equivalent

Note: For characterization factors of each impact category, please refer to *EPD Supporting Annexes*, Version 1.0 (2008-02-29), The International EPD Cooperation, downloadable from www.environdec.com.

4. Additional information

- Recyclable materials (optional)
- Information on secondary materials (optional)
- Waste (classification):
 - Hazardous waste as defined in Taiwan's Waste Disposal Act. Follow host countries' laws for sites outside Taiwan.
 - Other waste.
 - Where technologically possible, plastic parts of the treadmill weighing \geq 25 g shall be marked in accordance with the ISO 11469 and ISO 1043 Part 1/2/3/4, SPI or other international standard label to facilitate their identification and recovery at the end of life.

- Plastic packaging materials marking: The Plastic packaging materials shall be labeled on the parts with SPI or other international standards for ease of sorting.

11. Recycling information

The recycling information shall include information such as dis-assembly instructions, which parts/components are suitable for recycling (such as metal casing) or not suitable for recycling. The information which the EU WEEE Directive requires the end product manufacturer to provide may also be included in the product declaration information for treadmill products.

If practical, information for the parts which cannot be recycled and therefore should be disposed of properly during the end-of-life stage may also be included.

12. Other environmental information (Optional)

The EPD may cover information including technology adopted, site of product manufacturing and assembly, as well as information on other working environment, health and risk-related aspects.

If this PCR is to be used for product carbon footprint declaration purpose, in the declaration, information regarding commitment on GHG reduction should be included and should ensure that the commitment is measurable, reportable and verifiable. The organization may also list environmental and energy management related information, such as awards, commendations and system certifications (e.g., ISO 14001, ISO 14064-1, IECQ HSPM) etc.

13. Information about the certification

The information on PCR review, EPD verification and verification organization shall be included.

EPD Certification is valid until 20__-__-__

According to the Requirements for the international EPD system. General Programme Instructions, Version 1

(2008) – www.environdec.com

The PCR review for _____ (PCR 20__ :) was administered by the Environment and Development Foundation and carried out by an LCA expert panel chaired by Dr. Ning Yu (ningyu@edf.org.tw).
Independent verification of the declaration, according to ISO 14025:2006

Internal External

Third party verifier: Environment and Development Foundation in Taiwan.

Accredited by :

Name:

Title:

Organization:

Signature: _____

Name:

Title:

Organization:

Signature: _____

Name:

Title:

Organization:

Signature: _____

Environmental declarations from different programmes may not be comparable.

14. References

The EPD shall make reference to the following documents:

- EPD General Program Instructions, Version 1.0 (2008-02-29), The International EPD Cooperation, downloadable from <http://www.environdec.com/>;
- Relevant PCR documents;
- The underlying LCA report.

When available, the following documents shall also be referenced:

- Other documents and recycling instructions which verify and complement the EPD.

Appendix I – Generic Data Sources to Refer to

For processes located within Taiwan, Taiwan generic data or the data published by the commercial, industrial and energy competent authorities of the Republic of China (ROC) government, may be used. However, for other regions (such as EU), if there are more relevant generic data available, these data should be used instead. The following generic databases are recommended for use.

Material	Database
Packing materials, transport, Waste treatments	BUWAL 250
Steel, Primary copper, Copper products, Electricity, Fuels, Aluminum, Chemicals, Transports, Waste management	ELCD
	EIME (Environmental Information and Management Explorer) EcoBilan
Plastics	PE Plastics Europe (Association of Plastics Manufacturers in Europe)
	ELCD Database
	EIME (Environmental Information and Management Explorer) EcoBilan
Electronic components	ELCD Database
	EIME (Environmental Information and Management Explorer) EcoBilan
General Database	Ecoinvent
	The Boustead Model
	PE-GaBi
	DoITPro(Taiwan)

Appendix II – Reporting Format for the EPD

This appendix provides guidance information for the titles of sections, types of data and required information to be reported in the mandatory reporting part of the EPD. As a generic reporting template, the following titles and sub-titles are recommended:

(Refer to the PCR manual for the section numbering, the information in Italics are the recommended data/information for inclusion)

Introductory part

Each EPD should have an introduction part on the top part of the EPD which includes the following information:

- *Company/organization name*
- *Product name*
- *EPD registration number*

Description of the company/organization and product/service

Company/Organization

- *Description of company/organization*
- *Description of overall working environment, existing quality system and environmental management system*

Product and services (see Section 2)

- *Product's main applications*
- *Description of product specification, manufacturing process, manufacturing sites (if there are several sites)*
- *For product's environmental performance aspects, characteristics which may improve the usefulness of product*
- *Other types of relevant information, for example, special manufacturing processes with special advantages to the environment*

List of materials and chemical substances

- *Content declaration (see Section 3)*

Presentation of the environmental performance

- *Outline of the LCA methodology, for example, period of LCA, declared units, system boundaries (graphical presentation), cut-off and allocation rules, and data sources.*

Manufacturing stage (see Section 10)

Use stage (see Section 10)

- *Geographical region for product delivery*
- *Transportation data*
- *End-of-life information*

Information about Company and Certification Organization

Recycling information (see Section 11)

Other environmental information (see Section 12)

Information regarding certification

- *Names of certification and verification organizations*
- *Validity of certification certificates*
- *Compliance with legal and relevant requirements*

References (see Section 13)

- *relevant PCR documents*
- *EPD General Program Instructions, Version 1.0 (2008-02-29)*
- *underlying LCA study*
- *other supporting documents for LCA information*
- *other relevant documents regarding company/organization's environmental activities*

Appendix III Abbreviations

Acronym	Common Name
APLAC	Asia Laboratory Accreditation Cooperation
CFP	Carbon Footprint of Product
EPD	Environmental Product Declaration
ErP	Energy Related Product
ILAC	International Laboratory Accreditation Cooperation
ILAC MAR	International Laboratory Accreditation Cooperation Mutual Recognition Arrangement
ISO	International Organization for Standardization
LCA	Life Cycle Assessment
PCR	Product Category Rule
RoHS	The Restriction of the use of certain Hazardous Substances in electrical and electronic equipment
SPI	Society of the Plastics Industry
TAF	Taiwan Accreditation Foundation
TEC	Typical Energy Consumption
Trpt	Transportation
WEEE	The Waste Electrical and Electronic Equipment Directive